

This checklist can be used to inspect your house to identify possible fire dangers and aid in prevention. Your home should be inspected at least once per year.



Kitchen Safety

- Cooking area is free from items that can catch fire.
- Kitchen stove hood is clean and vented to the outside.
- Pots are not left unattended on the stove.
- A fire extinguisher is easily accessible and ABC rated.
- All family members are instructed on how to use the fire extinguisher.

Electrical & Appliance Safety

- Electrical cords do not run under rugs or furniture.
- Electrical cords are not frayed or cracked.
- Circuit-protected, multi-prong adapters are used for additional outlets.
- Large and small appliances are plugged directly into wall outlets.
- Clothes dryer lint filter and venting system are clean.

Heating Safety

- Chimney and furnace are cleaned and inspected yearly.
- Furniture and other items that can catch fire are at least 3 feet from fireplaces, wall heaters, baseboards, and space heaters.
- Fireplace and barbecue ashes are placed outdoors in a covered metal container at least 3 feet from anything that can catch fire.
- Extension cords are never used with space heaters.
- Heaters are approved by a national testing laboratory and have tip-over shut-off function.

Smoking Safety

- Family members who smoke only buy fire-safe cigarettes and smoke outside.
- Matches and lighters are secured out of children's sight.
- Ashtrays are large, deep and kept away from items that can catch fire.
- Ashtrays are emptied into a container that will not burn.

Smoke & Carbon Monoxide Alarms

- There is one smoke alarm and one carbon monoxide alarm on every level of the home.
- There is one smoke alarm inside and outside each sleeping area.
- Smoke and carbon monoxide alarms are tested and cleaned monthly.
- Smoke and carbon monoxide alarm batteries are changed every 6 months and as needed.

Candle Safety

- Candles are in sturdy fire-proof containers that won't be tipped over.
- All candles are extinguished before going to bed or leaving the room.
- Children and pets are never left unattended with candles.

Have a Home Escape Plan – Your escape plan should be practiced 1-2 times per year by all family members.

- Identify two ways out of each room.
- Practice crawling low to the floor – this will help to avoid toxic smoke.
- Make sure all family members know that once you're out, stay out.
- Have a designated area to meet after the escape – it's best to have a place near the front of your home, so firefighters know you are out.



FIRE & BURN FOUNDATION

PREVENTION • EDUCATION • SUPPORT

Mailing: PO Box 1423, Colton, CA 92324
Office: 400 N. Pepper Ave, 4-N, Colton, CA 92324
Arrowhead Regional Medical Center
909-580-6339 ~ www.fireandburn.org



**THE EDWARD G. HIRSCHMAN
BURN CENTER
AT ARROWHEAD REGIONAL MEDICAL CENTER**



**EDISON
INTERNATIONAL®**